

CHANNEL LINEUP – Digital TV Lite (34+ Channels) \$31/mo

2 Fox	17 ABC	35 TBN	1004 NBC HD
3 PBS	21 CW	36 EWTN	1008 PBS HD
4 NBC	22 PBS Kids	37 My Lubbock TV	1015 CBS HD
5 HSN	23 FNX	42 Plateau Country Weather	1016 MYTV HD
6 MYTV	26 Telemundo	47 C-SPAN	1017 ABC HD
8 PBS	28 Comet	48 C-SPAN2	1021 CW HD
9 PBS	29 GetTV	49 C-SPAN3	1026 Telemundo
12 QVC	32 KAZQ	132 INSP	1034 Fox 34 News Now
15 CBS	33 COZI	1002 Fox HD	1042 Plateau Country Weather HD
16 MYTV	34 Fox 34 News Now	1003 PBS HD	

Optional (Event Based Pricing):

Pay Per View **750**

Pay Per View HD **1750**

1-877-Plateau (752-8328)

Tech Support: 888-638-3872

www.plateautel.com

Effective date: 2020-03-18 ABQ

Programming subject to change without notice.



CHANNEL LINEUP – Digital Preferred (210+ channels) \$87/mo

2 Fox
 3 PBS
 4 NBC
 5 HSN
 6 MYTV
 8 PBS
 9 PBS
 12 QVC
 15 CBS
 16 MYTV
 17 ABC
 21 CW
 22 PBS Kids
 23 FNX
 26 Telemundo
 28 Comet
 29 GetTV
 32 KAZQ
 33 COZI
 34 Fox 34 News Now
 35 TBN
 36 EWTN
 37 My Lubbock TV
 42 Plateau Country Weather HD
 47 C-SPAN
 48 C-SPAN2
 49 C-SPAN3
 60 ESPN
 61 ESPN Classic
 62 ESPNNews
 63 ESPNU
 64 ESPN2
 65 SEC-ESPN
 66 Fox Sports 1
 67 Fox Sports 2
 72 NBCSN
 74 Golf Channel
 75 Tennis Channel
 77 Fox Sports Arizona
 82 Longhorn Network
 91 CBS Sports Network
 92 Fox College Sports Atlantic
 93 Fox College Sports Central
 94 Fox College Sports Pacific
 98 Disney Channel, The
 99 Disney XD
 100 Disney Jr
 101 Nick Jr.
 103 Universal Kids
 107 Cartoon Network (Toons)
 110 Discovery Family Channel
 112 Nickelodeon
 115 USA
 116 TBS
 117 Freeform
 118 Syfy
 120 TNT
 121 FX
 124 TV Land
 126 A&E

127 truTV
 131 FXX
 132 INSP
 134 Lifetime
 135 Lifetime Movie Network (LMN)
 139 Oxygen
 140 WEtv
 141 OWN
 142 Hallmark
 147 E!
 152 HGTV
 155 Food Network
 161 Comedy Central
 165 Paramount Network
 167 Bravo
 170 MTV
 171 MTV2
 174 VH1
 179 MTV Live
 188 CMT
 191 Weather Channel, The
 192 CNN
 193 FOX NEWS
 194 FOX BUSINESS
 195 CNBC
 197 HLN
 199 MSNBC
 205 FYI
 206 History
 207 Viceland
 210 American Heroes Channel
 211 Science
 212 Investigation Discovery
 213 TLC
 215 Animal Planet
 217 National Geographic
 218 Discovery Channel
 240 Travel Channel
 264 TCM
 265 AMC-American Movie Classics
 266 FXM
 268 IFC
 269 Sundance
 300 Fox Deportes
DIGITAL HD
 1002 Fox
 1003 PBS
 1004 NBC
 1008 PBS
 1015 CBS
 1016 MYTV
 1017 ABC
 1021 CW
 1027 Telemundo
 1034 Fox 34 News Now
 1042 Plateau Country Weather
 1060 ESPN
 1062 ESPNNews
 1063 ESPNU
 1064 ESPN2

1065 SEC-ESPN Network
 1066 Fox Sports 1
 1067 Fox Sports 2
 1072 NBCSN
 1074 Golf Channel
 1075 Tennis Channel
 1077 Fox Sports Arizona
 1082 Longhorn Network
 1091 CBS Sports Network
 1098 Disney
 1099 Disney XD
 1101 Nick Jr.
 1103 Universal Kids
 1107 Cartoon Network (Toons)
 1110 Discovery Family Channel
 1112 Nickelodeon
 1115 USA
 1116 TBS
 1117 Freeform
 1118 Syfy
 1120 TNT
 1121 FX
 1124 TV Land
 1126 A&E
 1131 FXX
 1134 Lifetime
 1135 LMN
 1139 Oxygen
 1140 WEtv
 1141 OWN
 1142 Hallmark
 1147 E!
 1152 HGTV
 1155 Food Network
 1161 Comedy Central
 1165 Paramount Network
 1167 Bravo
 1170 MTV
 1171 MTV2
 1174 VH1
 1179 MTV Live
 1188 CMT
 1192 CNN
 1193 FOX NEWS
 1194 FOX BUSINESS
 1195 CNBC
 1197 HLN
 1199 MSNBC
 1205 FYI
 1206 History
 1207 Viceland
 1211 Science
 1212 Investigation Discovery
 1213 TLC
 1215 Animal Planet
 1217 National Geographic
 1218 Discovery
 1240 Travel
 1264 TCM
 1265 AMC

1266 FXM
 1268 IFC
 1269 Sundance
 1300 FX Deportes
DIGITAL MUSIC
 1800 Hit List
 1801 Pop Adult
 1802 Swinging Standards
 1803 Jukebox Oldies
 1804 Flashback 70's
 1805 Everything 80's
 1806 Nothin' but 90's
 1807 Maximum Party
 1808 Groove (Disco & Funk)
 1809 Dance Clubbin'
 1810 Holiday Hits
 1811 Classic Rock
 1812 Alternative
 1813 Rock
 1814 Heavy Metal
 1815 Alt Rock Classics
 1816 The Blues
 1817 Adult Alternative
 1818 Folk Roots
 1819 Alt-Country Americana
 1820 Hot Country
 1821 No Fences
 1822 Country Classics
 1823 Bluegrass
 1824 Christian Pop & Rock
 1825 Gospel
 1826 Soul Storm
 1827 Hip-Hop/R&B
 1828 Classic R'n'B & Soul
 1829 Hip Hop
 1830 Jazz Masters
 1831 Jazz Now
 1832 Smooth Jazz
 1833 The Chill Lounge
 1834 The Spa
 1835 Easy Listening
 1836 Pop Classics
 1837 Classic Masters
 1838 Chamber Music
 1839 Broadway
 1840 Eclectic Electronic
 1841 Y2K
 1842 Jammin'
 1843 Éxitos Tropicales
 1844 Éxitos del Momento
 1845 Retro Latino
 1846 Ritmos Latinos
 1847 Rock en Español
 1848 Romance Latino
 1849 Kids' Stuff

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Optional (Event Based Pricing):
Pay Per View 750
Pay Per View HD 1750
Redzone 70

CHANNEL LINEUP – Digital Premier (240+ channels) \$93/month

2 Fox	132 INSP	1034 Fox 34 News Now	1213 TLC
3 PBS	134 Lifetime	1042 Plateau Country Weather	1215 Animal Planet
4 NBC	135 Lifetime Movie Network (LMN)	1060 ESPN	1216 Nat Geo WILD HD
5 HSN	136 Lifetime Real Women	1062 ESPNews	1217 National Geographic
6 MYTV	139 Oxygen	1063 ESPNU	1218 Discovery
8 PBS	140 WEtv	1064 ESPN2	1219 Destination America HD
9 PBS	141 OWN	1065 SEC-ESPN Network	1221 Outdoor Channel HD
12 QVC	142 Hallmark	1066 Fox Sports 1	1240 Travel
15 CBS	143 Hallmark Movie Channel	1067 Fox Sports 2	1264 TCM
16 MYTV	144 Hallmark Drama	1069 NFL Network	1265 AMC
17 ABC	147 E!	1072 NBC Sports Network	1266 FXM
21 CW	152 HGTV	1075 Tennis Channel	1268 IFC
22 PBS Kids	153 DIY Network	1074 Golf Channel HD	1269 Sundance
23 FNX	155 Food Network	1077 Fox Sports Arizona	1300 FX Deportes
26 Telemundo	156 Cooking Channel	1082 Longhorn Network	DIGITAL MUSIC
28 Comet	158 Discovery Life	1086 ACC-ESPN	1800 Hit List
29 GetTV	161 Comedy Central	1089 Big Ten Network	1801 Pop Adult
32 KAZQ	165 Paramount Network	1091 CBS Sports Network	1802 Swinging Standards
33 COZI	167 Bravo	1098 Disney	1803 Jukebox Oldies
34 Fox 34 News Now	170 MTV	1099 Disney XD	1804 Flashback 70's
35 TBN	171 MTV2	1101 Nick Jr.	1805 Everything 80's
36 EWTN	174 VH1	1103 Universal Kids	1806 Nothin' but 90's
37 My Lubbock TV	179 MTV Live	1107 Cartoon Network (Toons)	1807 Maximum Party
47 C-SPAN	188 CMT	1110 The Hub	1808 Groove (Disco & Funk)
48 C-SPAN2	189 Great American Country	1115 USA	1809 Dance Clubbin'
49 C-SPAN3	191 Weather Channel, The	1116 TBS	1810 Holiday Hits
60 ESPN	192 CNN	1117 ABC Family	1811 Classic Rock
61 ESPN Classic	193 FOX NEWS	1118 Syfy	1812 Alternative
62 ESPNews	194 FOX BUSINESS	1120 TNT	1813 Rock
63 ESPNU	195 CNBC	1121 FX	1814 Heavy Metal
64 ESPN2	197 CNN Headline News	1124 TV Land	1815 Alt Rock Classics
65 SEC-ESPN	199 MSNBC	1126 A&E	1816 The Blues
66 Fox Sports 1	202 CNN International	1130 Olympic Channel	1817 Adult Alternative
67 Fox Sports 2	203 CNBC World	1131 FXX	1818 Folk Roots
69 NFL Network	205 FYI	1134 Lifetime	1819 Alt-Country Americana
72 NBC Sports Network	206 History	1135 LMN	1820 Hot Country
74 Golf Channel	207 Viceland	1139 Oxygen	1821 No Fences
75 Tennis Channel	209 Military History	1140 WEtv	1822 Country Classics
77 Fox Sports Arizona	210 American Heroes Channel	1141 OWN	1823 Bluegrass
82 Longhorn Network	211 Science	1142 Hallmark	1824 Christian Pop & Rock
86 ACC-ESPN	212 Investigation Discovery	1143 Hallmark Movie Channel	1825 Gospel
89 Big Ten Network	213 TLC	1144 Hallmark Drama	1826 Soul Storm
91 CBS Sports Network	215 Animal Planet	1147 E!	1827 Hip-Hop/R&B
92 Fox College Sports Atlantic	216 Nat Geo WILD	1152 HGTV	1828 Classic R'n'B Soul & Soul
93 Fox College Sports Central	217 National Geographic	1153 DIY Network	1829 Hip Hop
94 Fox College Sports Pacific	218 Discovery Channel	1155 Food Network	1830 Jazz Masters
98 Disney Channel, The	219 Destination America	1156 Cooking Channel	1831 Jazz Now
99 Disney XD	221 Outdoor Channel	1161 Comedy Central	1832 Smooth Jazz
100 Disney Jr	223 RFD TV	1165 Paramount Network	1833 The Chill Lounge
101 Nick Jr.	240 Travel Channel	1167 Bravo	1834 The Spa
103 Universal Kids	264 TCM	1170 MTV	1835 Easy Listening
107 Cartoon Network (Toons)	265 AMC-American Movie Classics	1171 MTV2	1836 Pop Classics
110 The Hub	266 FXM	1174 VH1	1837 Classic Masters
112 Nickelodeon	268 IFC	1179 MTV Live	1838 Chamber Music
113 Boomerang	269 Sundance	1188 CMT	1839 Broadway
115 USA	300 Fox Deportes	1189 Great American Country	1840 Eclectic Electric
116 TBS	308 Universo	1192 CNN	1841 Y2K
117 ABC Family	DIGITAL HD	1193 FOX NEWS	1842 Jammin'
118 Syfy	1002 Fox	1194 FOX BUSINESS	1843 Éxitos Tropicales
120 TNT	1003 PBS	1195 CNBC	1844 Éxitos del Momento
121 FX	1004 NBC	1197 HLN	1845 Retro Latino
124 TV Land	1008 PBS	1199 MSNBC	1846 Ritmos Latinos
126 A&E	1015 CBS	1205 FYI	1847 Rock en Español
127 truTV	1016 MYTV	1206 History	1848 Romance Latino
128 Crime & Investigation Network	1017 ABC	1207 Viceland	1849 Kids' Stuff
130 Olympic Channel	1021 CW	1211 Science	
131 FXX	1027 Telemundo	1212 Investigation Discovery	

Optional (Event Based Pricing):
Pay Per View 750
Pay Per View HD 1750
Redzone 70

CHANNEL LINEUP – Total HD Choice (300+ channels) \$147/MO

2 Fox	134 Lifetime (LMN)	1003 PBS	1195 CNBC	1844 Éxitos del Momento
3 PBS	135 Lifetime Movie Network	1004 NBC	1197 HLN	1845 Retro Latino
4 NBC	136 Lifetime Real Women	1008 PBS	1199 MSNBC	1846 Ritmos Latinos
5 HSN	139 Oxygen	1015 CBS	1205 FYI	1847 Rock en Español
6 MYTV	140 WETV	1016 MYTV	1206 History	1848 Romance Latino
8 PBS	141 OWN	1017 ABC	1207 Viceland	1849 Kids' Stuff
9 PBS	142 Hallmark	1021 CW	1211 Science	PREMIUM CHANNELS
12 QVC	143 Hallmark Movies & Mysteries	1026 Telemundo	1212 Investigation Discovery	HBO
15 CBS	144 Hallmark Drama	1034 Fox 34 News Now	1213 TLC	400 HBO E
16 MYTV	147 E!	1042 Plateau Country Weather	1215 Animal Planet	402 HBO 2 E
17 ABC	152 HGTV	1060 ESPN	1216 Nat Geo WILD HD	404 HBO Signature E
21 CW	153 DIY Network	1062 ESPNNews	1217 National Geographic	406 HBO Family E
22 PBS Kids	155 Food Network	1063 ESPNU	1218 Discovery	408 HBO Comedy E
23 FXN	156 Cooking Channel	1064 ESPN2	1219 Destination America HD	410 HBO Zone E
26 Telemundo	158 Discovery Life	1065 SEC-ESPN Network	1220 Motortrend	412 HBO Latino E
28 Comet	161 Comedy Central	1066 Fox Sports 1	1221 Outdoor Channel HD	1400 HBO E HD*
29 GetTV	165 Paramount Network	1067 Fox Sports 2	1240 Travel	1402 HBO 2 E HD*
32 KAZQ	167 Bravo	1069 NFL Network	1264 TCM	1408 HBO Comedy E HD*
33 COZI	170 MTV	1072 NBCSN	1265 AMC	1412 HBO Latino E HD*
34 Fox 34 News Now	171 MTV2	1074 Golf Channel HD	1266 FXM	CINEMAX
35 TBN	174 VH1	1077 Fox Sports Arizona	1268 IFM	420 MAX E
36 EWTN	179 MTV Live	1082 Longhorn Network	1269 Sundance	422 MoreMAX E
37 My Lubbock TV	188 CMT	1086 ACC-ESPN	1300 FX Deportes	424 5-StarMAX E
42 Plateau Country Weather	189 Great American Country	1089 BTN	DIGITAL MUSIC	426 OuterMAX E
47 C-SPAN	191 Weather Channel, The	1091 CBS Sports Network	1800 Hit List	428 ActionMAX E
48 C-SPAN2	192 CNN	1098 Disney	1801 Pop Adult	430 ThrillerMAX E
49 C-SPAN3	193 FOX NEWS	1099 Disney XD	1802 Swinging Standards	432 MovieMAX E
60 ESPN	194 FOX BUSINESS	1101 Nick Jr.	1803 Jukebox Oldies	434 Cinemàx E
61 ESPN Classic	195 CNBC	1103 Universal Kids	1804 Flashback 70's	1420 MAX E HD*
62 ESPNNews	197 HLN	1107 Cartoon Network (Toons)	1805 Everything 80's	1422 MoreMAX E HD*
63 ESPNU	199 MSNBC	1110 Discovery Family Channel	1806 Nothin' but 90's	1428 ActionMax E HD*
64 ESPN2	202 CNN International	1112 Nickelodeon	1807 Maximum Party	1430 ThrillerMax E HD*
65 SEC-ESPN	203 CNBC World	1115 USA	1808 Groove (Disco & Funk)	SHOWTIME
66 Fox Sports 1	205 FYI	1116 TBS	1809 Dance Clubbin'	260 Flix E
67 Fox Sports 2	206 History	1117 Freeform	1810 Holiday Hits	375 Showtime E
69 NFL Network	207 Viceland	1118 Syfy	1811 Classic Rock	377 SHO 2 E
72 NBCSN	209 Military History	1120 TNT	1812 Alternative	379 Showtime Showcase E
74 Golf Channel	210 American Heroes Channel	1121 FX	1813 Rock	381 Showtime Family Zone E
77 Fox Sports Arizona	211 Science	1124 TV Land	1814 Heavy Metal	383 SHO Women E
82 Longhorn Network	212 Investigation Discovery	1126 A&E	1815 Alt Rock Classics	385 SHO Extreme E
86 ACC-ESPN	213 TLC	1130 Olympic Channel	1816 The Blues	387 Showtime Beyond
89 BTN	215 Animal Planet	1131 FXX HD	1817 Adult Alternative	389 Showtime Next
91 CBS Sports Network	216 Nat Geo WILD	1134 Lifetime	1818 Folk Roots	391 The Movie Channel (TMC) E
92 Fox College Sports Atlantic	217 National Geographic	1135 LMN	1819 Alt-Country Americana	393 TMC Xtra E
93 Fox College Sports Central	218 Discovery Channel	1139 Oxygen	1820 Hot Country	1375 Showtime HD E*
94 Fox College Sports Pacific	219 Destination America	1140 WETV	1821 No Fences	1377 Showtime 2 HD*
98 Disney Channel, The	221 Outdoor Channel	1141 OWN	1822 Country Classics	1379 Showtime Showcase HD*
99 Disney XD	223 RFD TV	1142 Hallmark	1823 Bluegrass	1391 The Movie Channel HD E*
100 Disney Jr	224 Cowboy Channel	1143 Hallmark Movies & Mysteries	1824 Christian Pop & Rock	STARZ/ENCORE
101 Nick Jr.	240 Travel Channel	1144 Hallmark Drama	1825 Gospel	340 Starz E
103 Universal Kids	264 TCM	1147 E!	1826 Soul Storm	342 Starz Cinema E
107 Cartoon Network (Toons)	265 AMC-American Movie Classic	1152 HGTV	1827 Hip-Hop/R&B	344 Starz Kids & Family E
110 Discovery Family Channel	266 FXM	1153 DIY Network	1828 Classic R'n'B & Soul	346 Starz Comedy E
112 Nickelodeon	268 IFC	1155 Food Network	1829 Hip Hop	350 Starz n Black
113 Boomerang	269 Sundance	1156 Cooking Channel	1830 Jazz Masters	352 Starz Encore E
115 USA	300 Fox Deportes	1161 Comedy Central	1831 Jazz Now	354 Starz Encore Black E
116 TBS	301 ESPN Deportes	1165 Paramount Network	1832 Smooth Jazz	356 Starz Encore Suspense E
117 Freeform	304 CNN en Espanol	1167 Bravo	1833 The Chill Lounge	358 Starz Encore Family E
118 Syfy	305 TV Chile	1170 MTV	1834 The Spa	360 Starz Encore Action E
120 TNT	306 History en Espanol	1171 MTV2	1835 Easy Listening	364 Starz Encore Westerns
121 FX	308 NBC Universo	1174 VH1	1836 Pop Classics	1340 Starz HD E*
124 TV Land	310 Discovery en Espanol	1179 MTV Live	1837 Classic Masters	1344 Starz Kids & Family HD*
126 A&E	317 Discovery Familia	1188 CMT	1838 Chamber Music	1346 Starz Comedy HD*
127 truTV	325 Cine Mexicano	1189 Great American Country	1839 Broadway	1352 Starz Encore E HD
128 Crime & Investigation Ntwk	331 LaTela Novela	1192 CNN	1840 Eclectic Electronic	
130 Olympic Channel	DIGITAL HD	1193 FOX NEWS	1841 Y2K	
131 FXX	1002 Fox	1194 FOX BUSINESS	1842 Jammin'	
132 INSP			1843 Éxitos Tropicales	

Optional (Event Based Pricing):
 Pay Per View 750
 Pay Per View HD 1750
 Redzone 70

HBO

- 400 HBO E
- 402 HBO 2 E
- 404 HBO Signature E
- 406 HBO Family E
- 408 HBO Comedy E
- 410 HBO Zone E
- 412 HBO Latino E
- 1400 HBO E HD*
- 1402 HBO 2 E HD*
- 1408 HBO Comedy E HD*
- 1412 HBO Latino E HD*



CINEMAX

- 420 MAX E
- 422 MoreMAX E
- 424 5-StarMAX E
- 426 OuterMAX E
- 428 ActionMAX E
- 430 ThrillerMAX E
- 432 WMAX E
- 434 @MAX E
- 1420 MAX E HD*
- 1422 MoreMAX E HD*
- 1428 ActionMax E HD*
- 1430 ThrillerMax E HD*



SHOWTIME

- 260 Flix E
- 375 Showtime E
- 377 SHO 2 E
- 379 Showtime Showcase E
- 381 Showtime Family Zone E
- 383 SHO Women E
- 385 SHO Extreme E
- 387 Showtime Beyond
- 389 Showtime Next
- 391 The Movie Channel (TMC) E
- 393 TMC Xtra E
- 1375 Showtime HD E*
- 1377 Showtime 2 HD*
- 1379 Showtime Showcase HD*
- 1391 The Movie Channel HD E*



STARZ/ENCORE

340 Starz E
342 Starz Cinema E
344 Starz Kids & Family E
346 Starz Comedy E
350 Starz n Black
352 Encore E
354 Encore Drama E
356 Encore Suspense E
358 Encore Family E
360 Encore Action E
364 Encore Westerns
1340 Starz HD E*
1344 Starz Kids & Family HD*
1346 Starz Comedy HD*
1352 Encore E HD



<u>HBO</u>	<u>CINEMAX</u>	<u>SHOWTIME</u>	<u>STARZ/ENCORE</u>
400 HBO E	420 MAX E	260 Flix E	340 Starz E
402 HBO 2 E	422 MoreMAX E	375 Showtime E	342 Starz Cinema E
404 HBO Signature E	424 5-StarMAX E	377 SHO 2 E	344 Starz Kids & Family E
406 HBO Family E	426 OuterMAX E	379 Showtime Showcase E	346 Starz Comedy E
408 HBO Comedy E	428 ActionMAX E	381 Showtime Family Zone E	350 Starz n Black
410 HBO Zone E	430 ThrillerMAX E	383 SHO Women E	352 Encore E
412 HBO Latino E	432 WMAX E	385 SHO Extreme E	354 Encore Drama E
1400 HBO E HD*	434 @MAX E	387 Showtime Beyond	356 Encore Suspense E
1402 HBO 2 E HD*	1420 MAX E HD*	389 Showtime Next	358 Encore Family E
1408 HBO Comedy E HD*	1422 MoreMAX E HD*	391 The Movie Channel (TMC) E	360 Encore Action E
1412 HBO Latino E HD*	1428 ActionMax E HD*	393 TMC Xtra E	364 Encore Westerns
	1430 ThrillerMax E HD*	1375 Showtime HD E*	1340 Starz HD E*
		1377 Showtime 2 HD*	1344 Starz Kids & Family HD*
		1379 Showtime Showcase HD*	1346 Starz Comedy HD*
		1391 The Movie Channel HD E*	1352 Encore E HD





1179 MTV Live

1220 Velocity

*Available with Digital Preferred and Digital Premier, Included in Total HD Choice

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Effective date: 2018-03-13

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Plateau is an equal opportunity provider and employer





- 301 ESPN Deportes
- 304 CNN en Espanol
- 305 TV Chile
- 306 History en Espanol
- 308 NBC Universo
- 310 Discovery en Espanol
- 317 Discovery Familia
- 325 Cine Mexicano
- 331 LaTele Novela

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69	NFL Network	158	Discovery Fit & Health	1069	NFL Network HD
86	ACC-ESPN	189	Great American Country	1130	Olympic Channel HD
89	BTN	202	CNN International	1143	Hallmark Movie & Mysteries HD
113	Boomerang	203	CNBC World	1153	DIY Network HD
128	Crime & Investigation Network	209	Military History	1156	Cooking Channel HD
130	Olympic Channel	216	Nat Geo WILD	1189	Great American Country HD
136	Lifetime Real Women	219	Destination America	1216	Nat Geo WILD HD
143	Hallmark Movie & Mysteries	221	Outdoor Channel	1219	Destination America HD
153	DIY Network	223	RFD TV	1221	Outdoor Channel HD
156	Cooking Channel	308	NBC Universo		

*Available with Digital Preferred, Included with Digital Premier & Total HD Choice

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Effective date: 2020-02-21

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